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FROM the OFFICE of WOMEN'S HEALTH

Enclosed are the proceedings of *The Face of Women's Health - Physical Activity & Healthy Eating Across the Lifespan*, the 5th Annual Conference of the Rhode Island Department of Health Office of Women's Health held November 14, 2006. We were all honored to have First Lady Suzanne Carcieri open the conference with remarks reflecting her personal and family commitments to women's health, healthy eating, and active living. I then had the pleasure of welcoming Carolyn Dunn, PhD, a fellow North Carolinian, to deliver the keynote address, "Extreme Makeover: Transforming Rhode Island". Mixed with humor and realistic action steps, Dr. Dunn's presentation framed the panels that followed.

Expertly moderated by the Chair of the Women's Health Advisory Committee, Kate McCarthy-Barnett, the morning and afternoon panels on physical activity and healthy eating introduced cultural frameworks, environmental and policy factors, and the lifespan perspective into the discussion. In this summary document, you will find power point presentations from each of the panel presenters.

The Conference Planning Committee is to be congratulated for delivering such an impressive event. The Rhode Island Department of Health, Office of Women's Health extends its sincere appreciation to the conference co-sponsors- Brown University and Women & Infants' Hospital Center of Excellence in Women's Health, the Nutrition Council of Rhode Island, the Division of Family Health at the Rhode Island Department of Health, the Women's Health Advisory Committee of the Rhode Island Department of Health, and the Women & Infants' Hospital Health Education Department. Equally valued is the U.S. Department of Health and Human Services, Region I, Office on Women's Health for its financial support of the conference.

In future years, The Office of Women's Health looks forward to collaborating with the Brown University and Women & Infants' Hospital Center of Excellence in Women's Health and the Women & Infants' Hospital Health Education Department to produce joint conferences on Women's Health.

On behalf of Nancy Libby Fisher, Women's Health Coordinator, thank you all for your continued support of Women's Health.

Sincerely,

Carrie Bridges, MPH
Chief, Office of Women's Health